

# Home Care Packages

#### Service Fees Schedule

Providing the support you need to achieve your goals and live your best life. Information for Clients and their families.





Quality, In-Home Care for Seniors.

Ageing at home can be a great experience, when you have the right support network in place. We have 40 years' experience helping seniors like you to nurture independence, support social connections, and achieve health goals.

Our Mission is to bring joy to those we serve by improving independence, safety and social connections through high quality care services.

#### Our services include:



### Nursing

- Medication Administration
- Diabetic education and management
- Continence education and management
- Wound care and management
- Palliative Care
- Pressure injury prevention and care
- Lymphedema education and care



#### Allied health services

- Occupational therapy
- Podiatry
- Physiotherapy
- Exercise physiotherapy and more to help you move with confidence.





#### **Respite Care**

In-Home Respite provides the family Carer time to have a break and have time for themselves, so they can unwind and recharge.



### Personal Care

- Bathing or showering
- Grooming
- Continence Care
- Help with mobility
- Help with exercise routines
- Assistance with eating



### Purchase of Equipment

Such as personal alarms, home safety technology and health monitoring.



### Cleaning or Laundry

- Mop, sweep & vacuum floors
- Clean kitchen counters and appliances
- Clean bathrooms
- Dust, organize and tidy up rooms
- Make the beds and change linen
- Laundry wash, iron and put away clothes
- Take out the garbage



#### **Meal Preparation**

- Cooking and meal preparation
- Prepare grocery list
- Grocery shopping



### Social and Community Access

- Companionship and friendly conversations
- Playing cards or board games
- Outings to the theatre, art galleries, RSL clubs, coffee shops
- Visiting friends
- Take walks, visit the park
- Transportation to and from doctor's appointments, shops, social and community events.

## Home Care Packages



Package Fees - Daily Rate	Level 1	Level 2	Level 3	Level 4
Care Management Fee	\$4.80	\$8.80	\$18.90	\$29.10
Package Management Fee	\$3.60	\$6.50	\$13.60	\$21.20

Service Types	Direct Services 30 minutes	Direct Services 1 hour	RN 1 hour	Allied Health 1 hour
Monday—Friday 6am-6pm	\$45	\$71.50	\$129	\$156
Monday—Friday 6pm-6am	\$51	\$82	\$143	N/A
Saturday—All Day	\$64	\$95	\$164	N/A
Sunday—All Day	\$74	\$110	\$190	N/A
Public Holiday—All Day	\$95	\$156	\$238	N/A

Other CatholicCare Services	Per Hour	Other
Counselling Service	available upon request	-
Transport within Services	-	\$1.29 per km

Service Fees Schedule effective 1 July 2023

Other services that we can arrange for you as part of your Home Care Package

- Podiatry at home
- Physiotherapy & other Allied Health
- Lawn Mowing & Yard maintenance
- Aids and Equipment
- Personal Emergency Alarms
- Assistive Technology

### Call our friendly team on 02 4211 6103

25-27 Auburn St Wollongong NSW 2500

35A Cordeaux St Campbelltown NSW 2560

agedcare\_enquiries@catholiccare.dow.org.au catholiccare.dow.org.au