

EVEN DINOSAURS WANT TO FEEL SAFE

When dinosaurs feel safe they are Happy and Calm

BUT

When dinosaurs feel unsafe they are angry and
scared

Things that Make Dinosaurs feel Safe:

- A safe cave to sleep in
- Plenty of Food to Eat
- Friendly Dinosaurs in their neighbourhood
- No mean dinosaurs to hurt or scare them

What else might a dinosaur need to feel safe?





What Makes you Feel Safe?

At Home:

At School:

Is there anywhere else you feel safe?

Tips for Talking to Children about Safety

Its important that the children in our community are equipped with the language, knowledge and confidence needed to let someone know if they are feeling unsafe.

Speaking to children about what it means to feel 'safe' or 'unsafe' helps them to recognise if something unsafe is happening to them. Starting these conversations can be difficult – an easy place to start is talking with the child about what things make them feel safe and happy first. When talking about where and when we feel safe, you can start to talk about things that might make someone feel unsafe. Its important to always let the children in your world know that if they ever feel unsafe, they should come and tell you so you can solve the problem together.

Tips for introducing conversations around Safety with children:

1. Have these conversations Early and Often
2. When watching movies together – reflect on when characters are feeling safe or unsafe
3. Talk about good feelings and uncomfortable feelings – give the children in your world the language to explain what they are feeling

So set up some dinosaur toys or dinosaur art/craft and use the attached worksheet to get the conversation started

