

*Enriching the lives of people
in aged care homes*



HOW DO I VOLUNTEER?

1. Call the Community Visitors Scheme Coordinator on 4254 9328 to learn more about the scheme.
2. Talk to the Coordinator about receiving an application.
3. Fill out and return forms, including National Criminal History Record Check
4. Once approved, you will be matched with a resident and introduced. Training and support will be provided.

Reimbursement

CatholicCare can provide out of pocket travel expenses for volunteers.

*"I try to make a difference in the day of a special person in the aged care home, and encourage other residents out of their rooms to join in with their peers". **Community Visitor Volunteer***

*"I really enjoy our conversations and we talk about a variety of subjects. I appreciate her visits, having someone from the community coming in to see me!". **Resident***

"Some residents don't get any visitors at all, so it is a wonderful chance to bring the outside world to them. I am so grateful to be able to give; I make someone feel better at the end of the day and I look forward to doing so".

Community Visitor Volunteer



CatholicCare works with people to make a difference in their lives by offering opportunities for hope, growth, healing and resilience.

CatholicCare is the social services agency of the Catholic Diocese of Wollongong, covering the Illawarra, Shoalhaven, Macarthur and Southern Highlands Regions.

We are committed to helping anyone in need regardless of religious beliefs.

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A member of Catholic Social Services Australia



We acknowledge and respect the traditional owners of the lands on which we work, live and prosper.

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WHAT IS THE COMMUNITY VISITORS SCHEME?

A program for elderly residents living in aged care homes who experience loneliness and social isolation. A visitor is matched with a resident to provide regular companionship.

The Community Visitor Scheme enriches the quality of life for people who would benefit from a friendly visitor. The program also helps them to feel more connected with their local community.

WHAT DO VISITORS DO?

Community Visitors volunteer their time regularly and develop a relationship with the resident.

Activities can include:

- chatting together and reminiscing
- playing cards or other games
- listening to music
- taking a walk
- having a coffee

The activities you do together will be dependant on the residents needs. Sometimes these activities can include 2 or 3 residents.

IS THIS FOR ME?

Are you:

- someone who likes and wants to help people?
- able to listen to someone else's stories or concerns with patience and understanding?
- someone who can spare an hour a fortnight and make a regular commitment to volunteering?
- willing to undergo National Criminal History Record checks?

Then become a Community Visitor today
– call 4254 9328

Supporting you

The coordinator aims to match you with a resident, by considering your interests and hobbies. Your ability to speak another language or your cultural background may also assist with the match. The coordinator supports you throughout your volunteering experience.



hope begins with us