

Option 1: Create Your Family Tree

Who is in your family tree? Use the template below or draw/paint your own tree. Add a leaf for each member of your family. Involve the whole family and have conversations to find out who to add to the tree, you might also be able to find information on the internet. Look as far back as you wish...who knows you may be related to someone famous!

Go to this website for more formal family tree templates: https://freefamilytreetemplates.com

Option 2: Get to Know Your Family Conversation

Complete the conversation template below with anyone in your family, extended family, friends, or safely with members of the community, maybe even your next door neighbour!

It will help you get an understanding of who they are and the life they live or have lived. You might find you have things in common or some really interesting facts about each other!

Option 3: Complete Both!!

Do both activities with the same people, or do the activities with different people!

Remember family is anyone or anything you want it to be, you might include your immediate family, extended family, your friend or community family!

DON'T FORGET:

Share your experience by commenting on the relevant Facebook post



CatholicCareWollongong







My Family Tree



Colour in your tree, and leaves. On each leaf write the name of someone in your family, cut them out and stick on your tree!











Family Conversation

Conversation with:______ on ______

1: What is the meaning behind your name, do you know what it means or why it was chosen?

2: What is your favourtie colour?

3: What did you always dream of becoming ?

4: What was your favourite job and why?

5: How did you like to spend your time when you were younger?



6: What is your favourite food?

7: What things do you miss from your childhood?

8: What is your favourite movie or book?

9: What is your most precious memory?

10: What is one piece of advice you would give?

Our Services.

CatholicCare is the social services agency of the Catholic Diocese of Wollongong, covering the Illawarra, Shoalhaven, Macarthur and Southern Highlands Regions. We support people to establish and build positive relationships and connected lives. Our aim is to help people through difficult times to help them achieve self-reliance and realise their full potential. We also advocate for social equality and prioritise the needs of the most vulnerable. CatholicCare is a local not-for-profit organisation committed to helping those in need regardless of religious beliefs, background or circumstances.

