

Bringing Up Great Teens.

Understand your teen and stay connected

Parents/Carers of Children coming into or in their teenage years

Support your child through this time of development. Learn, alongside others, how to stay connected, while giving them the independence they desire, Understand the changes they are going through, and how to manage conflict and risk taking behaviour, while maintaining a positive relationship.

What will I learn?

- How to communicate and connect with your teen
- Understand the teenage brain and the teenage development stage
- How to manage conflict and the big issues teens face
- Help your teen build resilience

Funded by the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.

For more information or to make a booking

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Always connected.

