

Family Law Counselling

Our Family Law Counselling service helps individuals, couples and families navigate separation, divorce, parenting arrangements and other family changes. We offer a safe space to manage conflict, improve communication and support wellbeing during times of transition.





When families go through separation or conflict, it can feel overwhelming – especially when children are involved. At CatholicCare, we're here to help you navigate this complex time with care, clarity and support.

How it helps

- Supports respectful communication between separated parents
- Helps reduce the impact of conflict on children
- Promotes healthy co-parenting relationships
- Encourages collaborative problem-solving and planning
- Offers a calm, neutral space with guidance from a trained professional.

Fees are flexible and can be discussed.

Please note our services require an intake assessment to ensure they are suitable.

Please access the booking page via the QR code below to book a suitable time for us to contact you. If the matter is urgent please call **02 4254 9395**



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